

## Culturally & Linguistically Diverse: Community activities

# Community activities offer an opportunity to bring people, their families and communities together to celebrate and enjoy culture and connection.

We worked with culturally and linguistically diverse men in farming occupations to identify ways their community might come together. The men introduced us to Sangarag, a game enjoyed by the Afghan Haraza community. The men were keen to share their game with the broader community and host an event to bring families together. Community events that showcase cultural traditions, including games, sports, foods and migration stories are a great way to create belonging and social connection.

#### Establish an approach

Look for opportunities to engage and collaborate with community leaders from CALD groups.

Consider a range of options or the opportunities available for cultural activities in your local community. How can you showacse/celebrate a particular culture/s?

Reflect on how the activities can provide an opportunity for cultural connection and also broader community connection.

#### Ask these questions

Who will you target? And then, how can you make it accessible to your target group?

Are there local leaders/champions in the community who would be willing to help coordinate and support the activity?

What would be a suitable venue for the activities you wish to offer?

What are the costs associated with the activities and venue?

### **TAKING STOCK**

#### **Organisation**

- How will you promote the activities in a way that will reach your target group/s?
- How will you manage sign-ups and if required, payments?
- What will be your policy for cancellations?
- Will you arrange catering or invite participants to BYO?
- What would be good timing for the activities?
- Who will book / organise / set-up / tidy up the venue?
- How will you create an inclusive and welcoming space?
- Do you wish to gather participant's feedback and how might you collect that information?

#### **Funding**

- Consider community grants or local business sponsorship to support the costs of running wellbeing activities.
- Ensure funders and any other contributions are acknowledged.